



# Continuing Medical Education (CME) For

**Medical Officers in Health Services of Nashik District** 

**Under the Aegis of** 

National Rural Health Mission, Maharashtra State

Organized by

**Medicolegal Association of Maharashtra** 

Dr. S. D. Nanandkar

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# CME REPORT

## **Address for Correspondance**

Department of Forensic Medicine and Toxicology Rural Medical College



To,
The Commissioner, Family Welfare and
Director, NRHM, Maharashtra

Subject: Report of proceedings of the three CMEs conducted by the Medicolegal Association of Maharashtra at Dhule, Nandurbar and Nashik.

Ref: Your office order No. SHS/ Training/ CME/Organization Selection/ 68,899-957/ 2012-13 Dated: 31-12-2012/2-01-2013.

Sir,

As per your office order referred to hereinabove, Medicolegal Association of Maharashtra (MLAM) successfully conducted three CMEs for medical officers in Government Service in the districts of Dhule, Nandurbar and Nashik. MLAM worked in close coordination with Dr DB Mahale the Principal, HFWTC, Nashik region for successful organization of these CMEs. His personal supervision and vigil played a major role in the success of these CMEs. The respective civil surgeons and the DHOs of all the three districts fully cooperated in successful organization of the CMEs.

All the CMEs received an overwhelming response from the medical officers. They expressed their desire to have more such CMEs, in order to keep their knowledge updated thereby improving the health care delivery at rthe PHC level.

The detail report of all the three CMEs is annexed hereto.

We shall submit the details of the accounts to the Principal HFWTC, Nashik range.

Thanking you,

Regards,

**Dr. KD Chavan** Secretary, MLAM.

**Dr SD Nanandkar** President, MLAM & IAFM **Dr RS Bangal**CME Coordinator

## Proceedings of CME For Medical Officers in Health Services

# of Nashik District Under NRHM Organized by Medico Legal Association of Maharashtra

(Dated: 23<sup>rd</sup> March 2013) held at MVP's DrVasantraoPawar Medical College, Hospital & Research Center, Nashik

Govt. of Maharashtra (GOM) under the National Rural Health Mission (NRHM) Scheme, in co-ordination with HFWTC has undertaken the project of organizing CMEs for Government Medical Officers in health services. Medicolegal Association of Maharashtra (MLAM) conducted the CME at MVP's DrVasantraoPawar Medical College, Hospital & Research Center, Nashik on 23<sup>rd</sup> March 2013.



The topic which (GOM) wanted to be covered by were definitely helpful in better health care delivery in the state of Maharashtra especially in the rural area.

- NRHM intended to address the following issues by way of this CME:
- 1. Updates on Various National Health Programs.
- 2. Hospital Management.
- 3. Management of Pediatric Emergencies.
- 4. Management of Obstetric Emergencies.
- 5. Management of Medical Emergencies.
- Understanding ECG and ECG in common medical disorder
- 7. Management of Wounds.
- 8. Management of Surgical Emergencies.
- 9. Management of Medicolegal Cases.
- 10. Medicolegal Postmortem Examination.
- 11. ART and Post-Exposure Prophylaxis.



The CME received an over whelming response from the deputed Medical Officers of Dhule district. The CME had a wide array of lectures delivered by Expert Faculties of different discipline to address the above mentioned topics as per directions of NRHM.

The Chief Guest of the inaugural function *Dr. ArunJamkar*, *Vice Chancellor*, *MUHS*, *Nashik* expressed his utmost satisfaction on all aspects of the event. Speaking on the occasion, he emphasized the importance of the upgradation of knowledge amongst all doctors for the better administration of health services to community.

The Guest of Honour was Dr. D B Mahale, Principal, HFWTC, Nashik; Dr V M Kulkarni, District

Health Officer, Nashik and Dr S D Nanandkar, President, IAFM & MLAM. Dr KD Chavan gave introduction of the CME and introduced the speakers.

106 Delegates attended the workshop. Delegates were awarded two credit hours by the Maharashtra Medical Council.



#### Lecture I: Hospital Management.

**Dr. Balaji Almole:** He talk regarding the allocation of resources and proper utilization of it while delivering the health services along with prevention of hospital acquired infection and injuries.

## Lecture II: Management of Pediatric Emergencies.



**DrAnanad Makharia:** He emphasized the importance of proper clinical assessment of neonates. He briefed on how to diagnose grave diseases with simple clinical methods. He demonstrated it by showing videos. In cases of emergencies he demonstrated the alternative simple methods of administration of drugs and fluids. He also demonstrated the precautions to be taken in case of convulsion with photographic presentation.

#### **Lecture III: Management of Obstetric Emergencies.**

*DrJaywant Aher*He deliberated the talk on importance of ANC to diagnose various high risk pregnancies and there management. He also emphasized on the first aid management of obstetric emergencies at Primary Health Center.

#### Lecture IV: Management of Medical Emergencies.

**DrSujit Kadam**: He delivered lecture on the various causes of CVA, there types, what is the importance of diagnosis of hemorrhagic and non-hemorrhagic strokes with its primary management. He emphasized the importance of rehabilitation of these patients with its psychological counseling and effective outcomes.

#### Lecture V: Understanding ECG and ECG in common medical disorder

**DrMilind Chandurkar:** Made the delegates aware of all the Medical Officers the basics of ECG. He cleared the concepts of ECG in its physiological aspects, artifacts, application of all leads with its impotence along with few basic ECG diagnosis of immense clinical importance like Arrhythmias, Myocardial infarction, Angina etc.

#### Lecture VI: Management of Management of Surgical Emergencies, Wounds including burns.

**DrPradeep Wagh**: He elaborated the history of Suturing and management of wounds since time of Hippocrates till date. He discussed various pertinent points in relation to classification wounds, various precautions to be taken in the procedure of approximation including proper maintenance of homeostasis, various types of suturing material and sutures etc. He also talked regarding the resuscitation and wound management of both adult and pediatric victims of burns, the evolution of various surgical Emergencies along with management of hypovolaemia.

## Lecture VII: Management of Medicolegal Cases.



*Dr R S Bangal*: The various issues concerned with medicolegal cases and how they are dealt with in the light of Indian Law were lucidly elaborated. He elaborated that a significant number of issues were due to poor documentation of MLCs. Discussion of this very important issue in the light of numerous pertinent court judgments would benefit all members of the medical fraternity in taking a proper approach in management of medicolegal cases.

## Lecture VIII: Medicolegal Postmortem Examination.

*Dr Rajesh Dere:* The issue of medicolegal autopsy is a very significant and controversial issue which confronts the medical officers. The various aspects which need to be kept in mind while conducting such examinations. He enthralled the audience with his presentation covering procedure, precautions and documentation of postmortem report. The lecture resolved numerous queries the audience had on this important issue.

#### Lecture IX: ART and Post-Exposure Prophylaxis.

**DrPanchsheelSharma**: Safety of a doctor while treating the patient is of paramount importance that the issue is addressed properly in this lecture. He described the various universal precautions that required to be undertaken while treating any kind of treatment along with immediate measures to be taken after the exposure of doctor by any body fluid of patient.



# Lecture X: Updates on Various National Health Programs.

**DrShriram Gosavi**He briefed regarding all the National Health Programs that are run in our country along with their need, importance and achievements of these program. He emphasized that health delivery system should be taken as industry and one should deal with it as investment.

#### Dr B D Pawar, Deputy Director of Health Sevices, Nashik presided over the Valedictory function.



The lectures by all speakers were lucid and comprehensible. One of the highlight of the CME was active participation of all delegates throughout the program. The audience availed this opportunity enthusiastically and discussed in details the various issues confronted by them and the experience gathered during everyday working. This CME definitely offered an opportunity for all delegates to discuss issues confronting them in daily practice, and to evolve new and lasting solutions. Majority of the delegates expressed their

desire to have a separate CME only on the medicolegal aspects, as according to them, it was the field in which they needed active support in day to day practice at PHC/RH level and also in order to keep updated about the recent court judgments and legal procedures.

